

April

revolution foods.

BREAKFAST-REVISED

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> • multigrain cheerios & zac attack strawberry bar • milk • orange juice <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • plain bagel & cream cheese • milk <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • cinnamon crumbles • milk • pineapple juice available <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • blueberry bagel & cream cheese • milk <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • french toast muffin • milk • orange juice available <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> • cheerios & zac attack apple bar (DF) • milk • orange juice available <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • lemon muffin • milk <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • cocoa critters cereal (DF) • milk <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • yogurt & granola • milk <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • cinnamon crumble • milk • orange juice available <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> • string cheese & mini dipper doodle bar • milk • orange juice available <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • french toast muffin • milk <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • blueberry bagel & cream cheese • milk • pineapple juice available <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • blueberry muffin • milk <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • lemon muffin • milk <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> • zee zee's berry apple bar (DF) • milk • orange juice available <p style="text-align: right;">30</p>				

What's New?

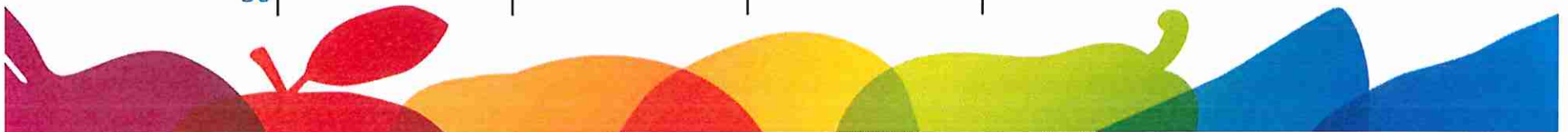
Our favorite Zee Zees bar – now available in **Cinnamon Crisp!**



Try it on **April 19!**

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider



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LUNCH-REVISED

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> • kickin chicken melt ○ steamed carrots <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • uncle ted's bbq chicken drumstick w/cheesy rice ○ chili citrus corn <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • FIELD TRIP <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • creamy chicken alfredo ○ chilled, seasoned green beans w/ ranch <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • bfast for lunch: pancakes & chicken sausage ○ braised greens <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> • beef burger (DF) ○ steamed carrots <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • turkey & cheddar sandwich ○ green peas <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • cheesy pizza bite meal (V) ○ lettuce & tomatoes w/ ranch <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • jerk chicken drumstick & pineapple carrot rice(DF) ○ smoky black eyed peas & grape tomatoes <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • chorizo & cheese "eggel" (egg & bagel sandwich) ○ green beans <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> • the revolution dog (DF) ○ glazed carrots <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • buffalo chicken sandwich ○ edamame & baby carrots <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • crispy chicken sandwich (DF) ○ lettuce & tomatoes w/ ranch <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • jumbo Italian meatball ○ green beans <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • pasta with zesty beef ○ steamed corn <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> • baked mac & cheese w/bbq chicken ○ island glazed carrots <p style="text-align: right;">30</p>				

What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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SNACK-REVISED

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<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • SPRING BREAK <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> • cinnamon grahams & fruit <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • ranch rumbles & fruit <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • educational snacks & fruit <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • goldfish "colors" cheddar crackers & fruit <p style="text-align: right;">12</p>	<p style="text-align: right;">13</p>
<ul style="list-style-type: none"> • goldfish pretzels & fruit <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • honey grahams & fruit <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • cinnamon rumbles & fruit <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • honey wheat crackers & sunbutter <p style="text-align: right;">19</p>	<p style="text-align: right;">20</p>
<ul style="list-style-type: none"> • goldfish pretzels & fruit <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • honey wheat crackers & fruit <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • goldfish "colors" cheddar crackers & fruit <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • educational snacks & fruit <p style="text-align: right;">26</p>	<p style="text-align: right;">27</p>
<ul style="list-style-type: none"> • honey grahams & fruit <p style="text-align: right;">30</p>				

Did you know?



Goldfish crackers were invented 60 years ago (1958) in Switzerland when a biscuit-maker wanted to bake something special for his wife. Since she was a Pisces (whose symbol is a fish), he baked her crackers shaped as the lucky, golden fish.

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

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