

# DECEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • string cheese/cinnamon grahams	4 • lemon muffin	5 • cinnamon raisin bagel	6 • blueberry muffin	7 • multigrain cheerios/zac attack strawberry
10 • zee zees berry apple crisp	11 • cinnamon grahams/cinnamon rumbles	12 • yogurt/granola	13 • french toast muffin	14 • cinnamon chex/zac attack apple
17 • cheerios/mini dipperdoodle bar	18 • mini french toast muffin/string cheese	19 • cinnamon crumble	20 • blueberry muffin	21 • corn chex/zac attack strawberry ○ orange juice available
24 • HOLIDAY	25 • HOLIDAY	26 • HOLIDAY	27 • HOLIDAY	28 • HOLIDAY
NEW YEAR'S EVE! 31 • HOLIDAY				

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

# DECEMBER LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 <ul style="list-style-type: none"> <li>• buffalo chicken crunchadilla</li> <li>○ island glazed carrots</li> </ul>	4 <ul style="list-style-type: none"> <li>• cheesy pizza bites (VG)</li> <li>• green peas</li> </ul>	5 <ul style="list-style-type: none"> <li>• hot dog (DF)</li> <li>○ black eyed peas</li> <li>○ grape tomatoes</li> </ul>	6 <ul style="list-style-type: none"> <li>• beef cheeseburger</li> <li>• seasoned green beans w/ ranch</li> </ul>	7 <ul style="list-style-type: none"> <li>• bfast for lunch: pancakes w/ sausage</li> <li>○ braised greens</li> </ul>
	10 <ul style="list-style-type: none"> <li>• scoops w/ chicken &amp; green chile cheese dip</li> <li>○ orangy carrots</li> </ul>	11 <ul style="list-style-type: none"> <li>• crispy chicken sandwich (DF)</li> <li>○ seasoned black beans</li> <li>○ baby carrots</li> </ul>	12 <ul style="list-style-type: none"> <li>• classic chicken parm pasta</li> <li>• santa fe chile chicken wrap</li> <li>○ chili citrus corn</li> </ul>	13 <ul style="list-style-type: none"> <li>• chesy pizza bites (VG)</li> <li>○ broccoli &amp; carrot salad</li> </ul>	14 <ul style="list-style-type: none"> <li>• chicken bites</li> <li>○ seasoned green beans</li> </ul>
	17 <ul style="list-style-type: none"> <li>• mongolian beef</li> <li>○ carrots w/ ranch</li> </ul>	18 <ul style="list-style-type: none"> <li>• cheese pizza panada pie (VG)</li> <li>○ broccoli w/ ranch</li> </ul>	19 <ul style="list-style-type: none"> <li>• pepper jack cheeseburger</li> <li>○ steamed corn</li> </ul>	20 <ul style="list-style-type: none"> <li>• oven roasted chicken sandwich (DF)</li> <li>○ coleslaw</li> </ul>	21 <ul style="list-style-type: none"> <li>• spaghetti marinara (VG)</li> <li>○ pinto beans</li> <li>○ baby carrots</li> </ul>
	24 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	25 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	26 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	27 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	28 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>
NEW YEAR'S EVE!	31 <ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>				

HAPPY HOLIDAYS!

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

# DECEMBER SNACK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 • goldfish colors cheddar crackers	4 • multigrain rumbles-ranch	5 • educational snacks	6 • multigrain rumbles-cinnamon	7
	10 • goldfish pretzels	11 • educational snacks	12 • honey wheat crackers w/string cheese	13 • cinnamon grahams	14
	17 • goldfish colors cheddar crackers	18 • multigrain rumbles-ranch	19 • educational snacks	20 • multigrain rumbles-cinnamon	21
	24 • NO SCHOOL	25 • NO SCHOOL	26 • NO SCHOOL	27 • NO SCHOOL	28 • NO SCHOOL
NEW YEAR'S EVE!	31 • NO SCHOOL				

## DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our \*new\* website at [revolutionfoods.com](http://revolutionfoods.com)

**Snack:** fresh fruit available daily except when Sunbutter, string cheese or juice is served.