

# FEBRUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • yogurt/granola
4 • string cheese/cinnamon grahams	5 • lemon muffin	6 • cinnamon raisin bagel(VG)	7 • blueberry muffin	8 • multigrain cheerios/zac attack strawberry(DF)
11 • zee zees cinnamon crisp bar(VG)(DF)	12 • french toast muffin	13 • mini dipperdoodle/string cheese	14 • lemon muffin	15 • cinnamon chex/zac attack apple(DF)
18	19 • corn chex/zac attack strawberry(DF)	20 • cinnamon crumble	21 • french toast muffin	22 • cinnamon chex/zac attack strawberry(DF)
25 • dipperdoodle bar(DF)	26 • mini lemon muffins w/string cheese	27 • zeezees cinnamon crisp bar(VG)(DF)	28 • blueberry muffin	

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

# FEBRUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
<ul style="list-style-type: none"> <li>• kickin chicken melt</li> <li>○ baby carrots w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>• bbq chicken drumstick w/ cheesy rice</li> <li>○ green peas</li> </ul>	<ul style="list-style-type: none"> <li>• cheese pizza (VG)</li> <li>○ coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>• bfast for lunch: pancakes w/ sausage</li> <li>○ broccoli w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>• beef cheeseburger</li> <li>○ black eyed peas &amp; baby carrots</li> </ul>
11	12	13	14	15
<ul style="list-style-type: none"> <li>• hot dog (DF)</li> <li>○ orangy carrots</li> </ul>	<ul style="list-style-type: none"> <li>• scoops w/ black bean &amp; chile cheese dip</li> <li>○ chili citrus corn</li> </ul>	<ul style="list-style-type: none"> <li>• chicken taco trio</li> <li>○ broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• chicken bites</li> <li>○ celery sticks w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>• baked mac &amp; cheese w/ chicken bites</li> <li>○ black eyed peas &amp; grape tomato</li> </ul>
18	19	20	21	22
	<ul style="list-style-type: none"> <li>• red bean &amp; rice</li> <li>○ broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• cheese pizza panada pie (VG) seasoned carrot, corn &amp; peas</li> </ul>	<ul style="list-style-type: none"> <li>• sloppy joe (DF)</li> <li>○ seasoned green bean w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>• spaghetti marinara (VG)</li> <li>○ pinto beans &amp; grape tomatoes w/ ranch</li> </ul>
25	26	27	28	
<ul style="list-style-type: none"> <li>• hot dog (DF)</li> <li>○ glazed carrots</li> </ul>	<ul style="list-style-type: none"> <li>• buffalo chicken crunchadilla</li> <li>○ steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>• bbq meatball w/ cheesy rice</li> <li>○ broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• crispy chicken sandwich</li> <li>○ seasoned green beans</li> </ul>	

## WHAT'S NEW?

Our pizza has gotten a makeover – no more square meals here! Try our **NEW Pepperoni Pizza** – zesty marinara sauce, gooey mozzarella cheese and turkey-beef pepperoni on a round whole-grain crust.



**Don't miss out on 2/21!**

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

# FEBRUARY SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 • goldfish colors cheddar crackers	5 • multigrain rumbles-ranch	6 • educational snacks	7 • multigrain rumbles-cinnamon	8
11 • goldfish pretzels	12 • educational snacks	13 • honey wheat crackers w/string cheese	14 • cinnamon grahams	15
18	19 • multigrain rumbles-ranch	20 • educational snacks	21 • multigrain rumbles-cinnamon	22
25 • goldfish pretzels	26 • educational snacks	27 • honey wheat crackers w/string cheese	28 • cinnamon grahams	

## DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our \*new\* website at [revolutionfoods.com](http://revolutionfoods.com)

**Snack:** fresh fruit available daily except when Sunbutter, string cheese or juice is served.